## **STELLA MARIS** LESSON PLAN FOR KS2



	<b>TITLE: St Peter Claver and our Christian call to reach out to those in need LEARNING OBJECTIVES GENERAL:</b> 1 ounderstand that, like St Peter Claver, we are called to help those who are in need. <b>SPECIFIC:</b> 1 Students will be aware that St Peter Claver was called by God to take care of the material and spiritual needs of slaves. 2 Students will learn about Stella Maris and how its chaplains respond to the call of God by helping seafarers today. 3 Students will respond to their Christian call to reach out to others in love, care, friendliness, kindness and generosity.
SUCCESS CRITERIA	<ul> <li>I can explain that St Peter Claver was called by God to take care of the material and spiritual needs of slaves.</li> <li>I can describe how Stella Maris responds to the call of God by helping seafarers.</li> <li>I can describe ways that I will respond to my Christian call to reach out to others in love, care, friendliness, kindness and generosity.</li> </ul>
LINKS TO R.E. CURRICULUM	<ul> <li>Revelation:</li> <li>Ways in which people of today can hear and respond to God's call.</li> <li>The Church:</li> <li>God's call to individuals and their different responses.</li> <li>Celebration:</li> <li>Ways in which love and commitment are important in human life.</li> <li>Life in Christ:</li> <li>The values of sharing, showing respect and care for others.</li> <li>Ways love of neighbour can be shown at home, at church, locally and globally.</li> <li>LEVELS OF ATTAINMENT AT1(i), AT1(iii), AT2(i), AT2(iii)</li> </ul>
KEY WORDS	St Peter Claver, God, love, slave, seafarer, chaplain, Stella Maris call, loving, caring, friendly, kind, generous

## LESSON PLAN FOR KS2 TOPIC: ST PETER CLAVER AND OUR CHRISTIAN CALL TO REACH OUT TO THOSE IN NEED



RESOURCE MATERIALS	<ul> <li>Power Point</li> <li>Script</li> <li>Meditation – APPENDIX 1</li> <li>Adjectives Sheets – APPENDIX 2</li> <li>Suggested background classical music for MEDITATION (SLIDE 4): 'Adagio for Strings' by Samuel Barber.</li> <li>Suggested background classical music for REFLECTION &amp; PRAYER (SLIDES 19-20): 'Claire de Lune' by Claude Debussy/ 'Prelude E minor' by Chopin OR any piano concertos or relaxing classical music.</li> <li>Suggested hymns (if times allows it) for after prayer: <ul> <li>a) 'Here I am Lord' by Dan Schutte, 1981</li> <li>b) 'The Summons' by John Bell of The Iona Community</li> </ul> </li> </ul>
PREPARATION	Prepare Power Point Presentation APPENDIX 1 – print one copy for teacher APPENDIX 2 – print one double-sided sheet per student Prepare background classical music for MEDITATION, REFLECTION & PRAYER Prepare hymns for after prayer (if required)

### **OVERVIEW AND TIMINGS**

TITLE, OBJECTIVES AND LESSON OUTCOMES	5 mins
INTRODUCTION AND PETER CLAVER	5 mins
MEDITATION INCLUDING QUESTIONS	8 mins
MISSING WORDS ACTIVITY	5 mins
STELLA MARIS	5 mins
INDEPENDENT ACTIVITY	20 mins
PRAYER AND REFLECTION	7 mins
SUCCESS CRITERIA	3 mins
HOMEWORK	2 mins
TOTAL LESSON TIME	60 mins

## LESSON PLAN FOR KS2 TOPIC: ST PETER CLAVER AND OUR CHRISTIAN CALL TO REACH OUT TO THOSE IN NEED



#### Title, Objectives & Lesson Outcomes

Timing: 5 mins

Slides: 1-2

## STELLA MARIS

St Peter Claver and our Christian call to reach out to those in need

OBJECTI VE: To understand that, like St Peter Claver, we are called to help those who are in need



### (SLIDE 1)

TITLE: St Peter Claver and our Christian call to reach out to those in need.

OBJECTIVE: To understand that, like St Peter Claver, we are called to help those who are in need.

### (SLIDE 2)

### OUTCOMES:

- I can explain that St Peter Claver was called by God to take care of the material and spiritual needs of slaves.
- I can describe how Stella Maris responds to the call of God by helping seafarers.
- I can describe ways that I will respond to my Christian call to reach out to others in love, care, friendliness, kindness and generosity.

#### Introduction & Peter Claver

Timing: 5 mins

Slide: 3



### (SLIDE 3)

Somebody very wise once said:

'God made me to serve him in a particular way. He has given me some work. He has not given anybody else this work. I have my mission'. *Cardinal Newman (paraphrased)*.

We all have something which God wants us to do in our life; the name for this is our 'call'. We are going to look at the example of St Peter Claver who knew that his call was to help a particular group of people. Let's watch a small video about him.

VIDEO ANIMATION: http://www.youtube.com/watch?v=wTD6Osryn8I

Below is the script embedded in animation:

## LESSON PLAN FOR KS2 TOPIC: ST PETER CLAVER AND OUR CHRISTIAN CALL TO REACH OUT TO THOSE IN NEED



St Peter Claver was born in Verdu in Spain in the year 1580. As St Peter Claver grew, he discovered that he was called to be a priest and joined a group of priests called the Jesuits. During his studies he felt called to go to the West Indies and preach the Gospel. Eventually he was sent to South America and was ordained a priest in a major port city called Cartegena in (what is now) Colombia.

The journey across the ocean lasted many weeks and would have been hard and uncomfortable. St Peter felt strongly that he was called to make the journey and would have been happy to undergo the hardships.

Cartagena was one of the world's major ports for the transportation of slaves. At that time thousands of people were being taken from their homes in West Africa and transported to various parts of the Americas to be sold and made to work in slavery. It was inhumane and the slaves were transported in terrible conditions. Around a third of them died on the journey. They would arrive in Cartegena scared, hungry, thirsty and often sick.

Peter Claver had a desire to serve the slaves as they arrived at Cartagena and excelled in the love and care he showed to slaves. He would go down into the stinking slave ships and help them. He took on board food and drink which he had begged from people to give to the slaves and he dressed their wounds and as they were in a terrible condition this was a very unpleasant task. He was keen also to share the good news of God's love but said that "We must speak to them with our hands, before we try to speak to them with our lips." When he had dressed their wounds and taken care of their basic needs he would use pictures and interpreters to introduce them to a God who loved them and was outraged at what man was doing to them.

Peter Claver nursed and baptised over 300,000 slaves during his life. He also visited them at the plantations, supporting them and urging the slave owners to treat them well. He was happy to be known as the 'Slave of Slaves' and had promised to be so when he was first ordained.

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Meditation Including Questions

Timing: 8 mins

Slide: 4



### (SLIDE 4)

The children should sit in a circle on the floor or somewhere they are going to be comfortable and pay attention.

We are now going to do something called a meditation and imagine that we were there when St Peter Claver was helping the slaves. In order to do this we are going to get comfortable and I will lead us and suggest things for us to imagine. I will ask you some questions and I don't want anyone to say the answers to those questions but imagine them for yourself. I am going to play some music which will help us concentrate.

Start the music.

SUGGESTION: 'Adagio for Strings' by Samuel Barber

So make sure you're comfortable and close your eyes and let's begin.

**Read APPENDIX 1** 

#### **Missing Words Activity**

Timing: 5 mins

Slides: 5-9



### (SLIDE 5)

#### (APPENDIX 2 - Missing Words Activity Sheets)

PLEASE NOTE THAT THE FOLLOWING SLIDES ONLY WORK WHEN VIEWED IN PRESENTATION MODE

#### Instructions:

We are going to look at some adjectives (words which describe) St Peter Claver. The words will have letters missing and we want you to put the missing letters back into the words.

Here is an example. We have a word with these three missing letters. Does anyone know what the word spells?

CLICK TO REVEAL ANSWER

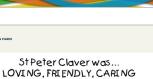
Correct, it spells loyal. Does anyone know what loyal means?

Staying faithful to a friend, group of people or country even when it's difficult.

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GENEROUS

KIND

### (SLIDE 7)

(SLIDE 6)

LovingFriendly

Caring

- Generous
- Kind

Why do you think St Peter Claver did all of this?

CLICK TO REVEAL THE WORDS ONE BY ONE

Put your hands up when you know the answer.

Answer: He knew God loved him and he wanted to share that love and use his talents.



### (SLIDE 8)

Peter Claver did great things. Who helped him to do great things?

Take feedback Guide the students towards the answer 'Jesus'



### (SLIDE 9)

St Peter Claver found inspiration in Jesus and chose to respond by following his call to help the slaves.

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#### **Stella Maris**

Timing: 5 mins

Slides: 10 - 16







### (SLIDE 10)

Like Peter Claver, we all respond to God's call to help others by using our talents:

Teachers – help us learn Nurses – help us get healed

### (SLIDE 11)

What do you think this person does?

Children might say 'builder' for example. Teacher may guide them by pointing at the sea.

He is a chaplain called Paul Atkinson. A chaplain is someone who cares for a group of people, supporting them in time of need and sharing God's love with them. They often work in schools, hospitals, prisons and other places where there are groups of Christians. Paul works for an organisation called Stella Maris which helps seafarers, the people that work at sea such as fishermen or sailors. Working at sea is more dangerous and challenging than we may imagine.

### (SLIDE 12)

Seafarers are really important because they bring so much to our country. Without them we wouldn't have fish but also most of our clothes are made abroad and brought to us by seafarers along with many of the things we sometimes take for granted.

Many seafarers are away from home for a long time and work hard, often in very dangerous conditions.

Many of them work on ships because they need to feed their families or pay for their children to go to school and while they are at sea they miss their families a lot. Sometimes seafarers aren't paid properly and, like us, sometimes seafarers get sick which isn't nice when you are away from home.

In what can be a really hard job it's understandable that sometimes they need help.

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### (SLIDE 13)

Stella Maris chaplains do many things for seafarers. They help them with whatever they need. They:

#### (CLICK to make images appear)

- Give them a lift to the nearest shop.
  - What do you think they would like to buy from the shops?
     (All the basics like toothbrush, toothpaste, deodorant, etc, newspapers and magazines.)

#### (CLICK to make photo appear)

• Talk to them and understand that they miss home.

#### (CLICK to make photo appear)

- Help them make phone calls home and send emails or letters home.
  - Why do you think the seafarers appreciate this so much? (Because they are away from their families for many months at a time and when the ship is in port it is often the only chance they have to speak to the people they miss so much.)



### (SLIDE 14)

- Arrange to say Mass for the seafarers or hear their confessions. *(CLICK)*
- Visit them in nearby hospitals when they are sick. *(CLICK)*
- Remind them that God is with them, that God loves them even when they are sad or lonely.

What do you think you would most appreciate out of all the things the chaplains do for the seafarers? (Lift to shops, talk, help phoning home, Mass, Confessions, visit when sick and remind them God is with them.)

The chaplains who visit seafarers on their ships and help them practically and spiritually are very similar to St Peter Claver who helped the slaves.

So, we have seen how chaplains use their talents and work hard helping seafarers.

Who gives them the strength and joy to keep visiting ships day after day to help seafarers?

#### Take feedback

Possible answers include St Peter Claver or other chaplains. The teacher should guide the children to the answer 'Jesus'.

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### (SLIDE 15)

The chaplains find inspiration in Jesus and choose to respond by following their call to help the seafarers.

### (SLIDE 16)

The chaplains are very important because without them the seafarers wouldn't have the support that they need when they go on long journeys away from their families.

How can we help Stella Maris?

Take answers directly from children.

Other suggestions:

• Doing a sponsored walk/run/cycle

Example: A lady called Carolyn Lewis undertook a fantastic fundraising effort to purchase Mi-Fi units for seafarers' use (with them seafarers will be able to have internet access when they dock at port so they can talk to their families thousands of miles away). In 2013 she completed the Brighton marathon, the Petersfield Cyclerace and the Great South Run.

- Baking sale donate homemade cakes to sell
- Non-uniform day pay a pound to wear normal clothes to school
- Pray for Stella Maris, all of its chaplains and all the seafarers in the world.

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#### **Independent Activity**

Timing: 20 mins

Slide: 17

#### (SLIDE 17)

We can help Stella Maris in many ways but remember that St Peter Claver started by helping those around him.

#### (APPENDIX 2 - ADJECTIVES SHEET)

#### (Part 1)

I'm going to give you a piece of paper with a picture of St Peter Claver and a chaplain from Stella Maris. Before, we looked at some adjectives that describe St Peter Claver. Now I would like you to write your own list of words which you think describe St Peter Claver and words which you think describe Stella Maris chaplains. When you have done this write down which of these characteristic you would most like to display in your own lives and how you can do this.

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Teacher may give an example: St Peter Claver and chaplains are generous with their time. I want to be more generous with my time as I often want to do things for myself and not help others. At playtime, I'm going to make more of an effort to look out for people in the playground who are looking lonely and see if they'd like to play.

#### Take feedback.

#### (Part 2)

We have thought about some great things that we can do, but let's not forget about our talents. Talents are things we are naturally good at and these are given to us by God as a gift.

- Write down some of St Peter Claver's talents and how he used them.
- Write down some of your own talents and how you can use them to help others.

Extension activity suggestions for higher ability pupils or those wishing to extend their knowledge:

- Write a diary entry as a slave who was helped by St Peter Claver.
- Write a diary entry as St Peter Claver himself including information about his experiences/reflections on who he has encountered etc.
- Write down ideas of what they could do to raise awareness/money for Stella Maris.

#### **Prayer and Reflection**

Timing: 7 mins

Slides: 18-19



#### (SLIDE 18)

MUSIC SUGGESTIONS FOR REFLECTION:

- 'Claire de Lune' by Claude Debussy
- 'Prelude in E minor' by Chopin

The children should bring their completed sheets and sit in a circle and say what qualities they would like to display in their own lives.

We're now going to pray. Let's start by making the sign of the Cross. In the Name of the Father and of the Son and of the Holy Spirit. Amen.

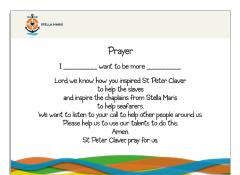
Pope Francis says that "Prayer and action must always be put together".

We want to be more caring, thoughtful and understanding; we want to respond to God's call to help others, but we need strength from God to reach out like St Peter Claver did when he helped the slaves or like the chaplains do when they help seafarers.

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### (SLIDE 19)

In the circle each student will say one by one: "I, Carly, want to be more caring," I, John, want to be friendlier", etc.

And now we all say this prayer together:

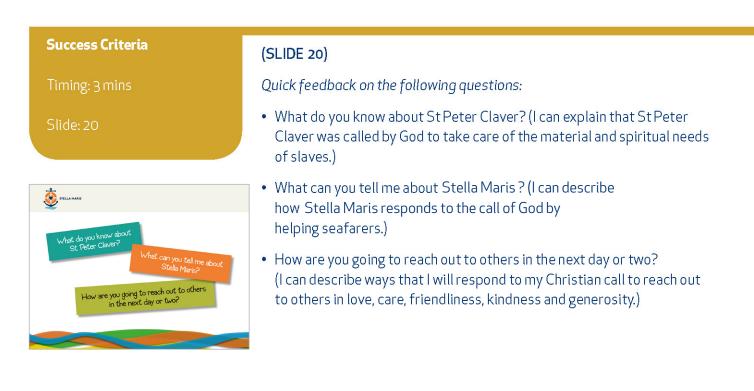
'Lord we know how you inspired St Peter Claver to help the slaves and inspire the chaplains from Stella Maris to help seafarers. We want to listen to your call to help other people around us. Please help us to use our talents to do this. Amen.

St Peter Claver, pray for us!

Finish with the sign of the cross. In the Name of the Father and of the Son and of the Holy Spirit, Amen.

### HYMNS (if times allows it)

a) 'Here I am Lord' by Dan Schutte, 1981 b) 'The Summons' by John Bell of The Iona Community



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#### Homework

Timing: 2 mins

Slide: 21

STELLA MARIS	
	Prayer

I \_\_\_\_\_\_ want to be more \_\_\_\_\_\_ Lord we know how you inspired St Peter Claver to help the slaves and inspire the chaplains from Stella Maris to help seafarers. want to listen to your call to help other people around us. Please help us to use our talents to do this.

Please help us to use our talents to do this. Amen. St Peter Claver, pray for us.

### (SLIDE 21)

Write your experience of what it felt to be more caring (or friendly, etc.) and draw a picture of when you did it.

#### OPTIONAL HOMEWORK

- Tell someone you know about Stella Maris and about its work in helping seafarers
- God called St Peter Claver to respond to the needs that he saw around him. Write fifty words about what St Peter Claver would do if he were alive today to respond to the needs of the world today.

### ALTERNATIVE ACTIVITIES

- a) Art: Make a stained-glass paper window art piece of St Peter Claver.
- b) RE: Draw a picture of St Peter Claver to decorate the prayer space.
- c) Geography: Find three facts about Spain and three facts about Colombia.
- d) Foreign languages: Learn the following vocabulary in Spanish:
  - a. Espana: Spain
  - b. Colombia: Colombia
  - c. Cura: priest
  - d. Barco: ship
  - e. Esclavo: slave
  - f. Hola: hello
  - g. Gracias: Thank you
  - h. Dios: God
- e) History: Do research on the history of slavery around the world.

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#### Please let us know if you have used this resource and how useful it was.

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Thank you.



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Registered charity in England and Wales number 1069833 Registered charity in Scotland number SC043085 Registered company number 3320318

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